

What is food insecurity?

Food insecurity describes a person or family who can not obtain enough food to live an active, healthy life. Due to COVID-19, approximately 50-60 million Americans currently experience food insecurity.

What resources are at food pantries?

Most food pantries offer fruit, vegetables, dairy, protein, and bread products. Many pantries also offer clothing, feminine- and infant-care products, and small direct loans or payments.

Do you need help with food?

No

Yes

I'm not sure

Interested in helping out?

We can help guide you to some easy resources!

Ways you can help

Volunteer

- Search for local volunteering options! Here are some below:
 - www.foodgatherers.org
 - www.feedingamerica.org/take-action/volunteer

Donate

- Participate in local food drives!
- Donate to local food pantries!
 - Both can be done via www.foodgatherers.org --> Ways To Give

Spread Awareness

- If you don't need a resource, be a resource!
- Reduce the stigma around food insecurity! Everyone deserves to have access to food.

Are you a University of Michigan student or faculty?

Yes

Maize and Blue Cupboard

- Location: 420 S State St
- Hours: Mon - Fri: 3pm - 7pm
Sat - Sun: 12pm - 3pm
- Must have MCard present

Does transportation impact your ability to get food?

Yes

Meals on Wheels

- Location: 2025 Traverwood Dr Ste F
- Phone: (734)-998-6686
- Great resource for disabled people and elderly as well!

Do you need help finding a food pantry or community kitchen closest to you?

Yes

Food Finder and Food Gatherers

- Website: www.foodfinder.us
- Phone: (770)-527-2181
- Website: www.foodgatherers.org
- Both will help locate the closest food resources to your location.